



Philippians

*Running The Race With
Joy!*

Philippians 1:1-11

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In his letter Paul...

- 1. Prays for us to have joy.***
- 2. Models for us how to find joy.***
- 3 Tells us what actions we need to take in order to experience joy***



Joy Defined

The internal emotion and condition of the soul of great contentment and well being, which includes emotions and expressions of delight, contentment and gladness of heart.

Joy is...

- A “by-product” of life lived rightly
- Internal vs External
- Independent of experiences
- Fruit of the Spirit

“Joy is peace dancing...Peace is Joy at rest!”



*3 Ways To Find Joy In
Life!*

Philippians 1:1-11

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*Joy Comes From Sharing
A Common Purpose In
Life That Is Spiritually
Significant!*

Vs 1-5



Joy Comes When You
Have Confidence
About The Outcome
Of Your Life.

Vs 6-8



Joy Comes When You
Develop a Character
and Life That Honors
God.

Vs 9-11

Paul's Prayer

- **Love will grow larger**
- **Knowledge grow deeper**
- **Wisdom become sharper**
- **Life becomes more honoring to God**
 - ~ **Pure**
 - ~ **Productive**
 - ~ **Bring Him Praise**



3 Ways to Find Joy

1. **Give yourself to something greater than you are!**
2. **Put your confidence in God, that He is going to get you across the finish line spiritually**
3. **Develop the kind of Character and Life that Honors God!**