

A woman with long dark hair, wearing a black patterned cardigan over a white top and blue jeans, sits on the left side of a beige sofa with her arms crossed and a thoughtful expression. A man in a purple t-shirt and blue jeans sits on the right side of the sofa, also with his arms crossed, looking towards the woman. The sofa is in a living room with a large window in the background. A red rug with a white handprint pattern is on the floor in front of the sofa. A lamp is visible on the right side of the frame.

**The Sofa
essions**

**Principles for
a Growing Marriage**

For Wives Only!



Marriage 1...2...3

Principle #1:

Make the Choice to Submit to Your Husband.

Eph 5:25 pg 829

Submit:

Lit= *to voluntarily arrange oneself under the authority and direction of another;*

to arrange oneself in an orderly fashion





Submission is/is not....

- *Not limited to women*
- *Mutual, not unilateral*
- *Makes you like Jesus*
- *Puts you in God's system of governance*
- *Is Not obedience*
- *Has a spiritual purpose*
- *Is a Choice of the wife, not the husband*





Marriage 1...2...3

Principle #2:

**Make the Choice to Respect your
Husband Eph 5:33**

10 Ways To Do it!





Respect

- **Speak to respectfully**
- **Protect him before others**
- **Focus on what is right**
- **Give him special time**
- **Forgive him when he fails**
- **Believe the best of him**





Respect

- **Be his help in areas of weakness**
- **Be kind and courteous with him**
- **Don't criticize him before others**
- **Try not to make major changes or decisions without discussion**





Marriage 1...2...3

Principle #3:

**Realize that as Husband and Wife
Your Body Belongs to You AND
Your Spouse**

1 Cor 7:1-4 pg 809





What Sex Means to a Man

- **Fulfills his sex drive**
- **Fulfills his manhood**
- **Enhances his love for you**
- **Reduces friction at home**
- **Makes you an integral part of what he finds most exciting in life**





ONE NEVER!

Never make him feel like you are “doing your duty”. He will interpret that as the ultimate disrespect...and just as soon NOT!

