"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

John 16:33

The

Psalm I
He Leads Me Beside Still Waters

God Sometimes Leads Us To A Peaceful Place

- Leads does not drive
- Leads us gently, peacefully
- Leads us with a "still small voice"
 1 Kings 19:11-13

"In the silence of the heart God speaks. If you face God in prayer and silence, God will speak to you. Then you will know that you are nothing. It is only when you realize your nothingness, your emptiness, that God can fill you with Himself. Souls of prayer are souls of great silence."

Mother Theresa

Sometimes God Stills Our Soul And Brings Us Peace In The Middle Of Our Storm

Psalm 4

- Ask God for what you need
- > Draw on his character
- > Ask for mercy
- > Pray in faith
- Be careful to avoid the wrong
- Search your heart...be silent
- Wait in peace and trust for God to act

Sometimes God Brings Peace To Circumstances That Seem Out of Control

Mark 4:35-41

- > Jesus put them in the boat
- > Storm was bad enough for fisherman to be afraid
- > Circumstances caused them to doubt His care for them
- > Jesus wasn't concerned at all
- > Jesus has the capacity to stop the storm
- > Jesus was building their faith

Psalm 46:10 "be still and know I am God"

Psalm 131:2

"But I have stilled and quieted my soul; like a weaned child with its mother, like a weaned child is my soul within me."

How To Be Still

- Bow your head
- Close your eyes
- Open your heart
- Still your soul
- Listen...and Wait

In The Stillness ask God: What do you want to do today to bring me peace?

- Will you lead me to a quiet place?
- Will you bring my chaos into order?
- Will you bring ME peace in the middle of the storm?