

Top Ten New Years Resolutions for 2016

- *Lose weight*
- *Get organized*
- *Spend less, save more*
- *Enjoy life to the fullest*
- *Stay fit and healthy*
- *Learn something exciting*
- *Quit smoking*
- *Help others in their dreams*
- *Fall in love*
- *Spend more time with family*

Results...

- >45% of people make resolutions
- >38% NEVER make resolutions
- >8 % are Successful!!!
- >46% maintain for 6 months!

What is missing?

Making a commitment to moving forward spiritually in the New Year!

Philippians 3: 7-17 Page 832

Paul's Model For Achieving A Spiritual Goal

- Paul's Goal

"I want to know Christ..." Vs 7-12

- Your Goal

~Know Bible

~Pray more effectively

~Overcome sin

~Find a ministry

~Regular worship

~Give more

Decide: Choose What You Lose

- *The Decision*
- *The Loss*
- *The Reason*

Get Ready: Make the Right Preparation

- **Accept where you are** **vs 12**
- **Forget what is behind** **vs 13**
 - Mark 11:25* *Mt 18:15-16* *Mt 5:23*
- **Ask for Insight** **2Cor 1:3-5**
- **Express Faith** **Heb 11:1-2**

Pursue Your Goal In The Right Way

- Pick one thing to work on vs 13
- Make a Plan you can live with vs 15
- Pursue it with all your energy vs 13
- Identify a Partner to walk with you vs 17

What Is Your Goal?

- *More Effective Prayer*
- *Know Bible Better*
- *Involved in Ministry*
- *Forgive*