

Intro: 15 20 Years ago very famous book, great one, 7 Habits of Highly Effective People

Thesis: Do these things and it will make you effective, accomplish things, have a significantly impactful life

- Be Proactive
- Begin with the end in mind
- Put first things first
- Think Win/Win
- Seek first to understand then to be understood
- Synergize
- Sharpen the Saw

When you look at our bible passage for tonight, you see something that is reminiscent of 7 Habits...but its about Jesus
You find a very interesting word in Vs 16:

Custom: Lit = a habit or repeated or regular activity, something that we do over an over:

Here is what I want to focus on with you tonight: The HABITS OF JESUS!

If HE is our Master, we are His disciples, following in His footsteps, it stands to reason that the things he did habitually....
We should do! And the really interesting thing is...This word is only used to describe Jesus behavior 3 Times!

If I do...what He Did...then I will be MORE LIKE HIM!

I call these the 3 Habits of A Highly Effective Disciple

Luke 4:38-44

1. Jesus Developed A Lifestyle Habit of Regular Worship!

4:16

"as was his custom"

You see this throughout Jesus life and ministry.

~It first shows up when he was a child, and His parents took him to the temple for worship...as was the "custom"

~It shows up here...in passing...when Luke says...Oh by the way, when Jesus went to synagogue...nothing unusual

~Over and over again in His ministry you see Jesus either in the Temple or in a synagogue

Habit # 1: Jesus had a habit of regular worship

~That is a custom that is fast leaving our culture, and when we move away from regular worship, it is to our detriment

~When we don't regularly worship...we cut ourselves off from the place God MOST often works

Yes He works at home, and at golf course, and on the boat...but MOST often He works in worship

~When we don't regularly worship we cut ourselves off from the people most likely to help us spiritually!

~When we don't regularly worship we find ourselves beginning to "cool down" spiritually (Charcoal briquette)

Applic: I know I'm "preaching to choir...but the lifestyle of Jesus is one we should emulate!

2. Jesus Developed a Lifestyle Habit Of Teaching Others About God. Mark 10:1

"as was his custom, he taught them"

Jesus taught people everywhere He went...in every different way and configuration possible!

~He taught people one on one 1-1

~He taught people in small groups 1-2 or 3

~He taught the disciples 1 to 12

~He taught people in huge crowds! 1 to thousands ! (as many as 5-12K)

This is one of the most fundamental expectations Jesus has of us as His disciples!

- Mt 28:19-20: Great Commission

- The very last thing Jesus said to His disciples...Go...make disciples...teaching them

"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Applic: It doesn't matter HOW we live that out. I think what is important is that we DO live it out

1-1 with our spouse, or with our children as we teach them about Jesus

1-2 at AWANA as you help the kids memorize their verses..

1-2or 3 in a small bible study at work

1-12 or 15 in a small group or SS class

1- 50 or 100 Go with me to Cuba...Mexico...any other mission trip...and TEACH about Jesus

You don't have to be a "teacher" in the traditional sense of the word...You just have to be available, and God will use you
Learning to be like Jesus means that you are learning to be a teacher

Tell you a 2 secrets

1. You don't have to "know it all" Just have to be one step ahead! (Happens when you study)

2. Nothing like knowing you are going to teach...to make you read, study and prepare... You often grow more!

3. Jesus Developed A Lifestyle Habit of Seeking Solitude To Pray.

Luke 22:39

“Jesus went out as usual to the Mount of Olives”

~This was so common that Judas knew where to find Him

~But, this was not the only place Jesus did this...See it all over

~Mark 4:38-44: Healing MIL Healing Others Crowd Jesus gets up goes to pray

~Jesus found FOCUS in prayer! Crowds, Demands, Want Him to Stay, I must Go...Preach and Teach: It's why I came!

Applic: Here is my suggestion to you: The greater the demands on us...the MORE we need solitude to find Focus!

When we DON'T make that time...we lose our focus...and our impact...and our distinctiveness

Covey: 7 Habit: Sharpen the Saw!

CONCL:

1. How is your worship?

Do you have a healthy habit?

If not...Do it!

2. Who are you teaching?

Have you made it a habit?

Find a place...Be like Jesus

3. When are in solitude?

Hand Out

Review