

FINDING REFUGE

PEACE IN THE PANIC

FINDING REFUGE IS
NOT OPTIONAL

PEACE IN THE PANIC

PEACE IN THE PANIC

MATTHEW 11:28-30

²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.”



FINDING REFUGE IS
NOT OPTIONAL
BUT IT IS NOT FORCED

PEACE IN THE PANIC

PEACE IN THE PANIC

PSALM 91:1-5

¹ Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. ² I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." ³ Surely he will save you from the fowler's snare and from the deadly pestilence. ⁴ He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. ⁵ You will not fear the terror of night, nor the arrow that flies by day,



PSALM 91:6-10

⁶ nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. ⁷ A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. ⁸ You will only observe with your eyes and see the punishment of the wicked. ⁹ If you say, "The Lord is my refuge," and you make the Most High your dwelling, ¹⁰ no harm will overtake you, no disaster will come near your tent.



PSALM 91:11-16

¹¹ For he will command his angels concerning you to guard you in all your ways; ¹² they will lift you up in their hands, so that you will not strike your foot against a stone. ¹³ You will tread on the lion and the cobra; you will trample the great lion and the serpent. ¹⁴ “Because he loves me,” says the Lord, “I will rescue him; I will protect him, for he acknowledges my name. ¹⁵ He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him ¹⁶ With long life I will satisfy him and show him my salvation.



CONFESSION
PRECEDES THE
PROMISE

PEACE IN THE PANIC

REFUGE



PEACE IN THE PANIC

PEACE IN THE PANIC

Genesis 1:5b – “And there was evening, and there was morning – the first day.”

Genesis 1:8b “And there was evening, and there was morning – the second day.”

Genesis 1:13 “And there was evening, and there was morning – the third day.”



Genesis 1:18 “And there was evening, and there was morning – the fourth day.”

Genesis 1:23 “And there was evening, and there was morning – the fifth day.”

Genesis 1:31b “And there was evening, and there was morning – the sixth day.”



THE RHYTHM OF
REFUGE IS A
REMINDER OF GRACE

PEACE IN THE PANIC

PEACE IN THE PANIC
