

JOAN IN THE PANIC

Richard Watts

“Raising children is often counterintuitive. Your natural response on how to engage your child’s problem may not be the best solution. Sure you can fix the immediate concern, but it will always be your solution, NOT THEIRS.”



Reasons for **Triggers**

1. Spiritual Warfare



James 1:2-3

² Count it all joy, my brothers, when you meet trials of various kinds, ³ for you know that the testing of your faith produces steadfastness.



James 1:12-13

¹² Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him. ¹³ Let no one say when he is tempted, “I am being tempted by God,” for God cannot be tempted with evil, and he himself tempts no one.



Reasons for **Triggers**

1. Spiritual Warfare
2. Reveal God's Glory



John 9:1-7

¹As he passed by, he saw a man blind from birth. ²And his disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” ³Jesus answered, “It was not that this man sinned, or his parents, but that the works of God might be displayed in him. ⁴We must work the works of him who sent me while it is day; night is coming, when no one can work. ⁵As long as I am in the world, I am the light of



John 9:1-7

the world.” ⁶ Having said these things, he spit on the ground and made mud with the saliva. Then he anointed the man's eyes with the mud ⁷ and said to him, “Go, wash in the pool of Siloam” (which means Sent). So he went and washed and came back seeing.



John 9:24-25

²⁴ So for the second time they called the man who had been blind and said to him, “Give glory to God. We know that this man is a sinner.” ²⁵ He answered, “Whether he is a sinner I do not know. One thing I do know, that though I was blind, now I see.”

Reasons for **Triggers**

1. Spiritual Warfare
2. Reveal God's Glory
3. Poor Decisions

Article on Anxiety

1. Emotional Response for our benefit (Fear of Danger)
2. Disordered physiological response (mental health issue)
3. Natural Consequence of sin
4. Sinful Response to God's Providential Care



2 Samuel 12:13-23

¹³ David said to Nathan, “I have sinned against the LORD.” And Nathan said to David, “The LORD also has put away your sin; you shall not die. ¹⁴ Nevertheless, because by this deed you have utterly scorned the LORD, the child who is born to you shall die.” ¹⁵ Then Nathan went to his house.



2 Samuel 12:13-23

And the LORD afflicted the child that Uriah's wife bore to David, and he became sick. ¹⁶ David therefore sought God on behalf of the child. And David fasted and went in and lay all night on the ground. ¹⁷ And the elders of his house stood beside him, to raise him from the ground, but he would not, nor did he eat food with them. ¹⁸ On the seventh day the child died. And the servants of David were afraid to tell him that the child was dead, for they said, "Behold, while the child was



2 Samuel 12:13-23

yet alive, we spoke to him, and he did not listen to us. How then can we say to him the child is dead? He may do himself some harm.” ¹⁹ But when David saw that his servants were whispering together, David understood that the child was dead. And David said to his servants, “Is the child dead?” They said, “He is dead.” ²⁰ Then David arose from the earth and washed and anointed himself and changed his clothes. And he went into the house of the LORD and worshiped. He then went to his



2 Samuel 12:13-23

own house. And when he asked, they set food before him, and he ate. ²¹ Then his servants said to him, “What is this thing that you have done? You fasted and wept for the child while he was alive; but when the child died, you arose and ate food.” ²² He said, “While the child was still alive, I fasted and wept, for I said, ‘Who knows whether the LORD will be gracious to me, that the child may live?’ ²³ But now he is dead. Why should I



2 Samuel 12:13-23

fast? Can I bring him back again? I shall go to him, but he will not return to me.”



Alan Redpath

“There is nothing – no circumstance, no trouble, no testing – that can ever touch me until, first of all, it has gone past God and Christ, right through to me. If it has come that far, it has come with a great purpose, which I may not understand at the moment. But as I refuse to become panicky, as I lift my eyes up to Him and accept it as coming from the throne of God for some great purpose of blessing to my own heart, no sorrow will ever disarm me, no circumstance will cause me to fret, for I shall rest in the joy of what my Lord is. That is the rest of victory.”



Isaiah 61:1-3

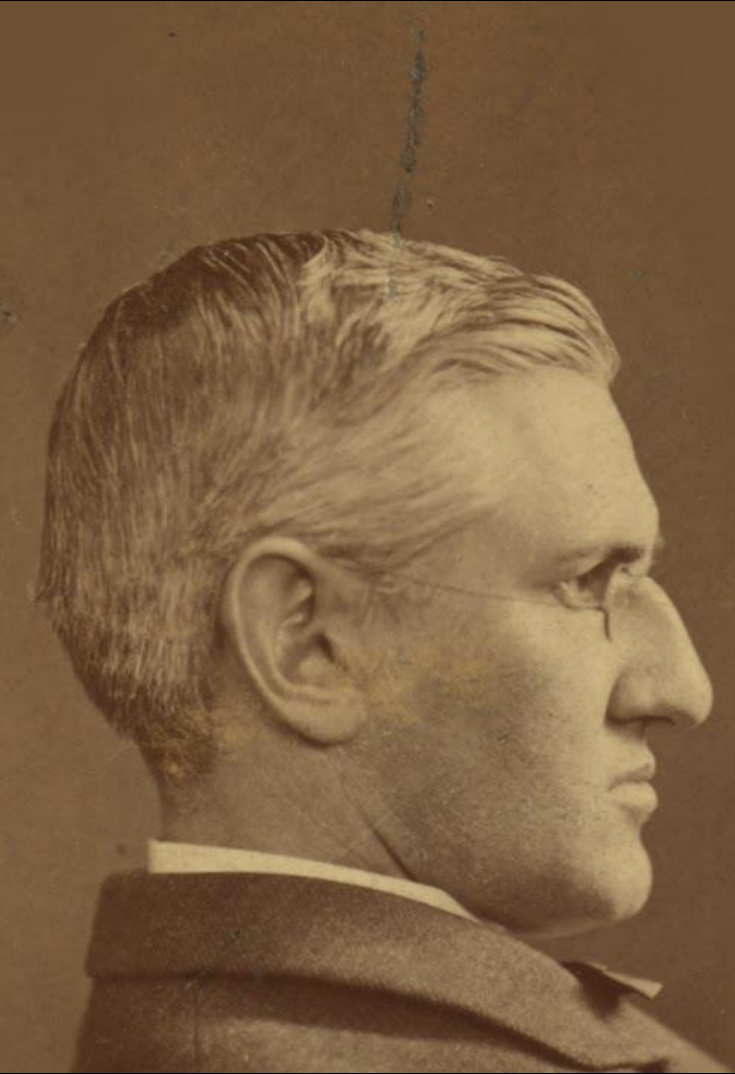
¹The Spirit of the Lord GOD is upon me,
because the LORD has anointed me
to bring good news to the poor;^[a]
he has sent me to bind up the brokenhearted,
to proclaim liberty to the captives,
and the opening of the prison to those who are bound;^[b]
²to proclaim the year of the LORD's favor,
and the day of vengeance of our God;
to comfort all who mourn;



Isaiah 61:1-3

³to grant to those who mourn in Zion—
to give them a beautiful headdress instead of ashes,
the oil of gladness instead of mourning,
the garment of praise instead of a faint spirit;
that they may be called oaks of righteousness,
the planting of the LORD, that he may be glorified.

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It Is Well with My Soul

Horatio Spafford