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## Romans 7:15-19

<sup>15</sup> For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. <sup>16</sup> Now if I do what I do not want, I agree with the law, that it is good. <sup>17</sup> So now it is no longer I who do it, but sin that dwells within me. <sup>18</sup> For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. <sup>19</sup> For I do not do the good I want, but the evil I do not want is what I keep on doing.

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# Two Types of Addiction

**Chemical:** *Relating to substance use (Alcohol, Drugs)*

**Behavioral:** *Relating to compulsive behaviors (Gambling, Video games, Shopping, Food, Exercise, Sex, Pornography)*

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# Statistics

- Sex Industry - \$16.9 Billion a year in United States
- Estimated 28,250 users watching porn every second
- 1 in 5 mobile searches are for porn
- 12% of webpages are pornographic
- 47% of families in US report porn being a problem in their home
- 68% of church going men view porn on a regular basis

\*\*\* Research from Covenant Eyes, The Recovery Village, Barna, Conquer Series

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# Signs of Addiction

- Spending the majority of your time engaging in the behavior, thinking about or arranging to engage in the behavior, or recovering from the effects
- Becoming dependent on the behavior as a way to cope with emotions and to “feel normal”
- Continuing despite physical and/or mental harm
- Having trouble cutting back despite wanting to stop
- Neglecting work, school, or family to engage in the behavior more often
- Experiencing symptoms of withdrawal (for example, depression, irritability) when trying to stop
- Minimizing or hiding the extent of the problem

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## 2 Samuel 11:1-4

11 In the spring, at the time when kings go off to war, David sent Joab out with the king's men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem. <sup>2</sup> One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, <sup>3</sup> and David sent someone to find out about her. The man said, "She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite." <sup>4</sup> Then David sent messengers to get her. She came to him, and he slept with her.

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# What we learn from David...

1. Don't be where you shouldn't be
2. Accountability is needed
3. Avoid acting in darkness/secret
4. God shows grace to those who repent

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## Genesis 39:6-12

<sup>6</sup> So Potiphar left everything he had in Joseph's care; with Joseph in charge, he did not concern himself with anything except the food he ate. Now Joseph was well-built and handsome, <sup>7</sup> and after a while his master's wife took notice of Joseph and said, "Come to bed with me!" <sup>8</sup> But he refused. "With me in charge," he told her, "my master does not concern himself with anything in the house; everything he owns he has entrusted to my care. <sup>9</sup> No one is greater in this house than I am. My master has withheld nothing from me except you, because you are his wife. How then could I do such a wicked thing and sin against God?" <sup>10</sup> And though she spoke to Joseph day after day, he refused to go to bed with her or even be with

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## Genesis 39:6-12

her. <sup>11</sup> One day he went into the house to attend to his duties, and none of the household servants was inside. <sup>12</sup> She caught him by his cloak and said, “Come to bed with me!” But he left his cloak in her hand and ran out of the house.

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# What we learn from Joseph...

1. Sin is directly against God and hurts others
2. Know Your Limits!!!
3. Run from temptation... You won't talk your way out of it.

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## Revelation 2:18-23

<sup>18</sup> “To the angel of the church in Thyatira write:

These are the words of the Son of God, whose eyes are like blazing fire and whose feet are like burnished bronze. <sup>19</sup> I know your deeds, your love and faith, your service and perseverance, and that you are now doing more than you did at first.

<sup>20</sup> Nevertheless, I have this against you: You tolerate that woman Jezebel, who calls herself a prophet. By her teaching she misleads my servants into sexual immorality and the eating of food sacrificed to idols. <sup>21</sup> I have given her time to repent of her immorality, but she is unwilling. <sup>22</sup> So I will cast her on a bed of suffering, and I will make those who commit adultery

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## Revelation 2:18-23

with her suffer intensely, unless they repent of her ways. <sup>23</sup> I will strike her children dead. Then all the churches will know that I am he who searches hearts and minds, and I will repay each of you according to your deeds.

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