



Hebrews 4:-12

Emotional Struggles



Feeling Bitter	40%
Thinking Destructively About Self or Others	32%
Difficulty Forgiving Others	31%
Feeling Discouraged	31%
Experiencing Fear or Anxiety	14%



Giving Into Temptation



Drinking to Excess	62%
Viewing Pornography	59%
Lashing Out In Anger	31%
Gossiping	28%
Lying	26%



A More Productive Faith



Giving Financially To Church

+416%

Discipling Others

+407%

Memorizing Scripture

+231%

Sharing Your Faith With Others

+228%



Reading The Bible 4+ Days A Per Week Can Change Your Life

Center for Bible Engagement



The Bible Acts As A Catalyst For Your Faith

Catalyst: *A substance that accelerates effectiveness
of a reaction or rate of change in something else*

Formula

*Word of God (4x) + Faith (mustard seed) =
Transformation*



The Bible Adds Spiritual Life and Power To You

Living: *Lit = Spiritually alive*

Active: *Lit = Spiritually powerful*

The Battle

Carnal Man: *Man living in power of flesh*

Spiritual Man: *Man living in power of Spirit*



Isaiah 40:29

“He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.”



The Bible Separates The Spiritual From The Non-Spiritual In Your Life

(Word of God is) *“Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow...”* Heb 4:12

Proverbs 14:12 “There is a way that seems right to a man, but in the end it leads to death.”

John 15:1 “I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.



The Bible Evaluates My Heart And Mind

“The heart is deceitful above all things, and desperately wicked: who can know it?” Jer 17:9

I’m just going to follow my heart!

- Feed Bitterness
- Hate the one that hurt you
- Don’t Forgive...or Forget!

4:12 “Judges the heart” Lit = discern; discriminate between
to divide right from wrong!



The Bible Exposes My True Character

- **Hidden:** Everything is seen; nothing is covered up
- **Uncovered:** Naked: Exposed; Nothing to hide behind
- **Laid Bare:** Lit = to expose the throat; to seize by throat



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