# Days of Pays o

It's Time To Grow Up!

# We Were Created To Grow: For God!

"It was he who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, to prepare God's people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming."

Eph 4:11-14

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# How We Are Empowered To Grow

We have much to say about this, but it is hard to explain because you are slow to learn. In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

Heb 5:11-14

### Three Habits Of Jesus

### Mark 10:1 Focus on the Word

"...crowds of people came to him, and as was his custom, he taught them."

### Luke 4:16 Focus on Worship

"He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom."

## Luke 22:39 Focus on Prayer

"Jesus went out <u>as usual</u> to the Mount of Olives, and his disciples followed him."

### P.R.A.Y.

### $\bullet$ P = Praise

"I will praise You, O Lord my God, with all my heart, And I will glorify Your name forevermore." Psalm 86:12

# $\cdot$ R = Repent

"Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord." Acts 3:19

### $\cdot$ A = Ask

"Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours." Mark 11:24

### $\cdot$ Y = Yield

"Father, if you are willing, remove this cup from me: nevertheless, not my will, but yours be done."

Luke 22:42

# Two Challenges

1. P.R.A.Y. every day this week.

2. Commit to 40 Days Of Prayer beginning next Sunday