

MarksNotes

On **JESUS**

Living From The Inside Out!

Mark 7:1-23

Be Sure You Are Living For The Right Person

Mark 7:1-5

“All the world is a stage and we are merely actors.”

Shakespeare

- **Self: Eccl 1:14**
- **Others Mark 7:5**
- **God 1Cor 10:31**

Be Sure You Are Following The Right Rules

Mark 7:6-13

- **Self: Internal Vows**
- **Others Matt 23:4**
- **God Mark 12:30-31**

Make Sure Your Heart Is Right Before God

Mark 7:14-23

How To Guard Your Heart:

Prov 4:24 “Above all else, guard your heart...”

1. Prioritize Scripture reading and memory
2. Intentionally Cultivate Your Relationship with God
3. Filter Worldly Influences
4. Practice Spiritual Disciplines
5. Seek Godly Guidance And Support

Make Sure Your Heart Is Right Before God

How To Train Your Heart:

2Ti 3:16 *“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness...”*

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| 1. Act on God's word, not your feelings | James 1:22 |
| 2. Give yourself grace when you fall short | 1Jn 1:9 |
| 3. Start Small | Luke 16:10 |
| 4. Celebrate your wins | Rom 12:15 |
| 5. Invite accountability | Heb 3:13 |

Today...

- Who are you living for?
- Whose rules are you following?
- Are you guarding and training your heart?

**You CANNOT do those things without God
ABC**

Pray Today: God I Need A New Heart!