



REST

Psalm 91

Rest In The Shadow Of The Almighty

Biblical rest is not found in the absence of work or the enjoyment of vacation...but in the presence of God

REST

Rest Comes From Dwelling Not Visiting

Dwell: to sit down; sit still; remain or abide

“The LORD would speak to Moses face to face, as a man speaks with his friend. Then Moses would return to the camp, but his young aide Joshua son of Nun did not leave the tent.”

Ex 33:11

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Rest Is Found In The Shadow Of The Almighty

Shadow: A metaphor for closeness and covering

“How priceless is your unfailing love! Both high and low among men find refuge in the shadow of your wings.”

Psm 36:7

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Rest Comes Through Trust

“The tongue has the power of life and death.”

Prov 18:21

The Psalmist:

- Speaks rest by declaring who God is...
- Tells himself what to say...
- Speaks things that turn FEAR into FAITH...

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Rest Is A Promise For Those Who Dwell With God

You cannot claim the PROMISES of Psalm 91 if you don't live in the POSTURE of Psalm 91!

The Promises

- ~He will save you
- ~He will cover you
- ~He will shield you
- ~He will keep you from fear
- ~He will protect you in trouble
- ~He will send angels to protect
- ~He will rescue you
- ~He will answer when you call
- ~He will deliver and honor you

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Today...

Come to Him...and purpose to dwell with Him

Come to Him...for the first time...and find rest

Mt 11:28: *“Come unto me all you who labor and are heavy laden and I will give you rest.”*

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