

JANUARY 4, 2026

SUNDAY

New Year



Fresh
Start!

Part 1



How To Leave The Baggage Behind

Declaration Without Devotion And Discipline Is Delusion

Rousawn Dozier

“Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on...”

Phil 3:13

New Year Fresh Start!



Remember That Some Things Are Meant To Be Dropped, Not Dragged!

***“Forget the former things; do not dwell on the past. See I am
doing a new thing!”***

Isaiah 43:18-19

- **Last year’s wins don’t guarantee this year's success**
- **Last year’s failures don’t disqualify you from this year’s calling**

Action #1: Decide to drop the past: Leave it at the altar

New Year Fresh Start!



New Year *fresh* Start!



Remember That Some Things Are Meant To Be Dropped, Not Dragged!

***“Forget the former things; do not dwell on the past. See I am
doing a new thing!”***

Isaiah 43:18-19

- **Last year’s wins don’t guarantee this year's success**
- **Last year’s failures don’t disqualify you from this year’s calling**

Action #1: Decide to drop the past: Leave it at the altar

New Year Fresh Start!



Refuse To Remember What God Has Forgotten

- *“For I will forgive their wickedness and will remember their sins no more.”* Heb 8:12
- *“as far as the east is from the west, so far has he removed our transgressions from us.”* Psalm 103:12

Action #2: Accept God’s forgiveness and release your guilt.

New Year *Fresh Start!*



Realize Condemnation Is From Satan, Not God

“There is now NO condemnation for those that are in Christ Jesus.” Rom 8:1

- **Conviction**: Is the voice of the Holy Spirit, leading us to confess and repent Conviction looks forward
- **Condemnation**: Is the voice of Satan, leading us to shame, guilt, and paralysis Condemnation looks back

Action #3: Decide which you are dealing with and act appropriately

New Year *Fresh Start!*



Understand God Can Redeem What You Regret

“I will repay you for the years the locusts have eaten...”

Joel 2:25

- **What have I learned that I needed to know?**
- **How did I grow through this experience?**
- **Where do I see God’s grace in this experience?**
- **Who can I help, support, teach, or encourage with what learned**

Action #4: Allow God to use your past without letting it define you

New Year Fresh Start!



Embrace The Reality That God's Call Is Always Forward

*"No one who puts his hand to the plow and looks back is fit for
service in the kingdom of God."* **Luke 9:62**

- **Plow**
- **Windshield vs Rearview mirror**
- **Race**

Action #5: Ask God, "What do YOU have for me this New Year?"

New Year Fresh Start!



Today, Take One Or More Of These Actions

1. **Come to the Altar and leave past there**
2. **Accept God's forgiveness and release any guilt**
3. **Ask: Am I dealing with Conviction...Or Condemnation:**
4. **Allow God to use your past without letting it define you.**
5. **Ask God: "What do YOU have for me in this New Year?"**

New Year Fresh Start!