

ADULTING



Growing Up in Christ

An Undivided Heart

1 Corinthians 10:14-33

*Whatever Captures Your Attention
Shapes Your Affection*



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Flee Idolatry

- Put God First
- Never Allow A Divided Heart

Syncretism: the blending of worship of God with worldly beliefs, practices, or allegiances



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Pursue What Is Godly And Helpful

5 Disciplines for Training Your Heart

- #1: Do what is beneficial: What makes me better?
- #2: Do what is Constructive: What makes me stronger?
- #3: Do what Prefers others: Seek others' best, not yours
- #4: Don't cause others to stumble. Don't trip others up
- #5: Always Glorify God. Will this bring glory to God



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Today

- Has something captured your heart...completely or even partially? Do you have a divided heart?
- Are you training your heart to be better?

Jer 17:9



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